

Trotter Newsletter

16th January 2025

Things are starting to heat up, quite literally! Our boiler decided to give up the ghost during the recent cold spell of weather. Thankfully our son, who's a plumber, is back from his travels and has now fitted a new one. It's not just our house that is now cooking, the Club Championship is on fire! 49 Trotters ran the First Chance 10K and 21 ran the Oh My Obelisk Half Marathon. What a great kick start to this year's championship. Could we get 50 Trotters completing it this year?

Our membership continues to rise, we currently have 300, that includes a world champion! Donald Brooks (Mel's husband) has joined us. Don is the current MV45 Ironman world champion. What an addition he's going to be to our relay team. I think we might turn a few heads this year!

The club's AGM takes place on Wednesday 12th February. Training starts at 6.30pm that evening. Hopefully plenty of you will stay for the meeting, which starts at 8pm and is being held in the function room at the Rec.

I leave you with some sad news. Many of you will know Toby, our chocolate Lab. He's probably given you a lick at sometime or another! We had to say goodbye to him last week. He'll leave a huge hole in mine and Oodey's life.



100 Mile Relay!

Bob and myself have done a lot of research to try and establish the current UK record. It's an event that rarely takes place these days. However, back in the 70s it was very popular. Sale Harriers hold the record, set in 1978, with an incredible time of 8:01:03.

We know we won't be able to compete with that, but what we hope to do is set a new record for a mixed team, made up of exactly 50 men and 50 ladies.

We now have a date and a venue, so please put **Sunday 18th May at the Paignton Velopark** in your diaries. You will understand from this that the record will be set on the road rather than a running track

Thank you to the 108 of you who have confirmed with Bob your availability.

We will be raising money for Rowcroft Hospice by charging a £5 entry fee. It's hoped that members not taking part will also make a donation to what is a simply wonderful charity.

There is still a lot of work to be done, we'll keep you posted on our progress.



Men's Club Championship ~ Top 10

1st. Donald Brooks	100 points
2nd. Roger Hayes	94
3rd. Ewan Walton	91
4th. Steve Weeks	90
5th. Jason Trevenen	84
6th. Tim Hassell	82
7th. Nigel Barnett	78
8th. James Saunders	49
9th. Roger Easterbrook	49
10th. Bob Small	48



Ewan,
sitting nicely in 3rd

Don and Liz are leading the way!

Next up ~ Dalwood 3 Hills ~ 16th February

Ladies' Club Championship ~ Top 10

1st. Liz Nuttall	98 points
2nd. Chloe Weeks	94
3rd. Corinne Bright	83
4th. Mel Brooks	50
5th. Lucy Payne	49
6th. Kim Knight	48
7th. Tracy Elphick	47
8th. Ruth Johnson	47
9th. Deb Hart	46
10th. Kate Williamson	46



Tracy, back racing
again

Trotter Sponsorship

One of the toughest parts of being a Race Director is finding sponsors. It can be a thankless task, as I know first hand!

With close to 300 members, my fellow RDs wondered if there were any of you that either own your own company or think the company/individual you work for might like to get involved. It's a great way of supporting a local club who raise a huge amount for charity each year.

We can offer many things in return, such as your company logo on the race numbers, as well as in the pre race information pack. A mention in the post race press report. A link from our website to yours. We can even throw in a free race entry.

The starting price is £150. If you are interested then please drop me a line or have a chat with me on a training night.

Handy behind the lens?

The Trotters pride themselves on providing some fantastic race photos for those runners entering our races. We obviously can't do that without our dedicated team of photographers. Sadly that team has shrunk somewhat over the past couple of years.

As photography coordinator, I'm looking for two or three more members to join our team. You don't have to commit to attending all our races, as I put together teams based on availability.

You do however have to have a decent camera and a knowledge of editing and downloading into Dropbox. The latter of which I can talk you through.

Our race photos, apart from being so well received by the runners, are vital for future promotional use.

If you are interested please drop me a line, as I would love to hear from you.



Our next Couch to 5K starts on Monday 27th January. If you know of anyone who might be interested in joining us for the 12 week course, please let them know.

It only costs £10 and if they join during or after the course has finished, they get their tenner back.

And of course they get to meet Skinns, our Couch to 5K lead coach - once met never forgotten!

Big G Standing Down!

Graydon has been our membership secretary for the last couple of years. He has decided not to stand again at the AGM. He's done a great job, spending a lot of time modernising our system. He's certainly made his successor's job a lot easier with what is now in place.

If you would like to know more about the role and what it involves, Graydon will be more than happy to talk you through it. You would need to be computer literate, and the position comes with a place on the committee. It's a vital role within the club, so please give it some serious thought.



PRESS REPORTS

A reminder that if you want your race performance to be included in the Trotters press report, you need to send Roger the information by 7pm on Sunday evening.

The only time this isn't really relevant is for a Club Championship race, as these are always covered by Roger. That said, he's always keen to hear of any PBs.



Date for your diary!

Trotters Awards Night

Sunday 13th December

Buckland Football Club

7pm - Midnight

Buffet & Disco

SUPER6

As it stands, Oli Reynolds is top of the league on 266 points.

Jayden Taylor was manager of the month in December, picking up a tenner in the process.



Jayden



The new InStep series has got off to a flying start, with their first two races also doubling up as our first two club championship races!

I've managed to get the Haytor Heller and the Templer Ten included in their 14 races, and this year you only need to complete four of the 14 to qualify.

You can find the list of races here; <https://instepdevon.org.uk/>